



## Sabrina Villalba, MD

### Medical Director

**Location:** Long Beach

**Languages Spoken:** English, Spanish

**Medical Degree:** The David Geffen School of Medicine at UCLA

**Residency:** Kaiser Permanente Los Angeles Medical Center  
Department of Family Medicine

**Board Certification:** Family Medicine

“I treat the entire person. I see how everything works together to make someone feel better and healthy. Part of my philosophy is to address the spiritual and emotional, as well as physical.”

With 15 years of experience as a family medicine specialist, Dr. Villalba listens to her patients and provides compassionate, personalized care. The fulfillment she gets from talking to her patients reinforces her belief that she chose the right career. Dr. Villalba regularly volunteers at the Huntington Beach Senior Center, where she enjoys gaining wisdom from the elderly and serving her community.

When she isn't seeing participants at WelbeHealth, Dr. Villalba loves surfing and practicing mixed martial arts.